



2021 Coaching & Online Training Courses



121 Personal Coaching

Elite Service

12 x 1-hour sessions of 121 coaching/training over 12 months and unlimited support with applications and interviews

Fee

£8,000

Premium Service

6 x 1-hour sessions of 121 coaching/training over six months and unlimited support with applications and interviews

Fee

£5,000

Interactive Online Training Courses

Decide Next Career Options

Interactive 1:1 training course over 3-4 weeks

2 x 90-minute 121 sessions to develop your career plan

Fee £750

Non-Executive Director Skills

Interactive training course with maximum of 8 people per course held weekly over 5 consecutive weeks

5 x 90-minute sessions + a 121-post session coaching meeting to develop and plan next steps

Fee £1,350

Run Your Own Business

Interactive training course with maximum of 8 people per course held weekly over 5 consecutive weeks

5 x 90-minute sessions + a 121-post session coaching meeting to develop and plan next steps

Fee £1,350

Prepare for Retirement

Interactive training course with maximum of 8 people per course held weekly over 5 consecutive weeks

5 x 90-minute sessions + a 121-post session coaching meeting to develop and plan next steps

Fee £1,350

Interactive Online Training Courses

Find A New (Permanent) Job

Interactive training course with maximum of 8 people per course held weekly over 5 consecutive weeks

5 x 90-minute sessions + a 121-post session coaching meeting to develop and plan next steps

Fee £1,350

Secure that Promotion

Interactive training course with maximum of 8 people per course held weekly over 5 consecutive weeks

5 x 90-minute sessions + a 121-post session coaching meeting to develop and plan next steps

Fee £1,350

The Authentic, Powerful, Leader

5 x 90-minute sessions + a 121-post session coaching meeting to develop and plan next steps

Fee £1,350

Beyond Customer Service

5 x 90-minute sessions + a 121-post session coaching meeting to develop and plan next steps

Fee £1,350

Dispute Resolution Techniques

6 x 90-minute sessions + a 121-post session coaching meeting to develop and plan next steps

Fee £1,440

STERLING DEVELOPMENT

vision . strategy . structure . culture

For more information, please contact

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