#### Negotiation

5 one-day workshop-style seminars over 5 months, for managers, negotiators and project managers who wish to self-assess and develop their negotiation and persuasion skills (max 12 participants).

### Seminar 1 Art of Negotiation

- · Negotiation as a basic life skill
- Self-assessment of negotiation practices
- An overview of the negotiation process and phases
- Planning for negotiations

During the 4-6 weeks between Seminars: implementation of new ideas and insights at work

# Seminar 2 Planning for Negotiations

- Report Back: exchange of implementation plans since Seminar 1
- Getting facts
- Negotiation objectives
- Clarifying your settlement range

During the 4-6 weeks between Seminars: implementation of new ideas and insights at work

## Seminar 3 At the bargaining Table

- Report Back: exchange of results since Seminar 2
- Negotiation tactics to resist power and leverage
- Listening skills and body language
- Extracting and granting concessions to maintain credibility

During the 4-6 weeks between Seminars: implementation of new ideas and insights at work

### Seminar 4 Reaching Agreement

- Report Back: exchange of results since Seminar 3
- Cooperative modes of negotiation
- · Breaking any impasse
- · Coping with deadlock and fallback solutions

During the 4-6 weeks between Seminars: implementation of new ideas and insights at work

# Seminar 5 **The Winning Negotiator**

- Report Back: exchange of results since Seminar 4
- Various negotiation role play situations
- Developing a negotiation improvement plan
- Programme review